

• Favourites •

Granola [v]	7
Yoghurt, mixed berries or banana	
Porridge [v]	7
Maple syrup, fresh fruit	
Fruit Plate [v]	9
Lavender infused honey, yoghurt	
Sautéed Mushrooms [VG]	7
Seeded sourdough toast, spinach, chilli flakes	

• Breakfast Bap •

Avocado, Bacon & Egg	8
With mayo on a beer sourdough bun	
Sausage, Bacon & Egg	8
With grilled tomato on a beer sourdough bun	
Vegan Bap [VG]	7
Avocado or grilled heritage tomato on a beer sourdough bun	

• Pastries •

Basket of Pastries	7
Croissant, pain au raisin, muffin	

• 144 Brunch •

WEEKEND BRUNCH IS SERVED 11.30AM-2.30PM

Choose one dish & free flowing
prosecco or Bloody Mary

£23

Free flowing prosecco and bottomless
Bloody Mary offer is time limited to 90 minutes
from time of order

• Eggs •

Smoked Salmon & Scrambled Egg	12
With sourdough toast. Sourced from the award winning Springs Smokeries in Sussex	
Eggs Benedict	6
With sourdough toast	
Poached Eggs & Crushed Avocado	8
With sourdough toast	
Eggs on Sourdough Toast	5
Served the way you like them	
Omelette	11
With your choice of three fillings Please ask your server for today's choices	

• Pancakes •

Bacon Pancake Stack	9
Bacon & maple syrup	
Berry Pancake Stack [v]	10
Seasonal berries & butter	
Nutella & Cream Pancake [v]	7
With vanilla cream and chocolate sauce	

• Drinks •

Coffee & Tea from 3.8

Cold Pressed Orange Juice 4

Daily Juice or Smoothie 250ml [GF] [v] 5

TROPICAL: Strawberry, mango, kiwi & pineapple

GRAPE ESCAPE: Strawberry, blueberry, banana & grape,

pear, fennel, lime & parsley

DETOX ZING: Blueberry, carrot, ginger,

banana & courgette

STRAWBERRY SPLIT: Strawberry & banana

T&C's: Prices are per-person and cannot be shared. Drinking to excess will not be permitted. Participants are required to drink responsibly. Alcohol is served to over 18's only, proof of ID may be required.

We are unable to guarantee that food is completely allergen free. For those with special dietary requirements or allergies who may wish to know about the food ingredients used, please ask your server.

[VG] Vegan [v] Vegetarian [GF] Gluten free
A discretionary 12.5% service charge will be added to your bill and entirely shared between all staff